

PADDLING CHECKLIST (FOR RECREATIONAL PADDLING)

	Item
	Basic Gear/Equipment:
<input type="checkbox"/>	Kayak
<input type="checkbox"/>	Paddle
<input type="checkbox"/>	PFD life vest
<input type="checkbox"/>	Dry Bag
<input type="checkbox"/>	Whistle
<input type="checkbox"/>	Waterproof Case
<input type="checkbox"/>	Waterproof sunscreen
<input type="checkbox"/>	Insect repellent
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Water bottle
<input type="checkbox"/>	Waterproof camera
<input type="checkbox"/>	Flashlight
<input type="checkbox"/>	Compass
<input type="checkbox"/>	Watch
<input type="checkbox"/>	2-way radio
<input type="checkbox"/>	Paddle Leash
<input type="checkbox"/>	
<input type="checkbox"/>	Kayaking Apparel:
<input type="checkbox"/>	
<input type="checkbox"/>	Quick dry shorts pants
<input type="checkbox"/>	Long sleeve shirt
<input type="checkbox"/>	Windbreaker
<input type="checkbox"/>	Paddling gloves
<input type="checkbox"/>	Water shoes
<input type="checkbox"/>	Brimmed hat
<input type="checkbox"/>	
<input type="checkbox"/>	Emergency Gear:
<input type="checkbox"/>	

	Item
<input type="checkbox"/>	First aid kit
<input type="checkbox"/>	Map and compass
<input type="checkbox"/>	Cell phone in waterproof bag or case
<input type="checkbox"/>	Whistle
<input type="checkbox"/>	Signal mirror
<input type="checkbox"/>	Knife or multi-tool
<input type="checkbox"/>	Flashlight or headlamp
<input type="checkbox"/>	Toilet paper
<input type="checkbox"/>	
<input type="checkbox"/>	Additional Kayaking Gear:
<input type="checkbox"/>	
<input type="checkbox"/>	Cockpit cover
<input type="checkbox"/>	Boat cart
<input type="checkbox"/>	Fishing gear
<input type="checkbox"/>	Fishing license
<input type="checkbox"/>	Bilge pump/bailer Sponge
<input type="checkbox"/>	Anchor
<input type="checkbox"/>	Spare paddle
<input type="checkbox"/>	Bow line/Tow Line